# Patient Profile – Full Implementation Guide Checklist

## 1.) Health Literacy

- Modify Medical Terminology
- Administer Supplemental Assessments
- **Teach Concepts**
- Complete a Medication Review
- Check for Understanding (Teach Back)

## 2.) Health Beliefs

- Acknowledge Your Personal Bias
- Recognize and Utilize the Patients' Funds of Knowledge П
- Be Culturally Responsive
- Find and Set Common Goals
- Avoid Generalizing П
- П Ask Follow Up Questions

## 3.) Communication/Working Together

- Ask Questions П
- Follow Through on Any Communication Requests П
- Be Aware of Nonverbal Communication
- Practice Active Listening
- Use Story Telling П
- Use Role-Playing П

#### Personality/Learning Style 4.)

Lion-Dominance/Kinesthetic

- Have patient look up the information and show you what П they found
- Have them show you what works and then you back it up with research and evidence

## Lion-Dominance /Auditory

- Share audio book ideas for them to learn more
- П Verbally explain the problem and treatment briefly and to the point
- Use eye contact П
- Lion-Dominance /Visual
  - Show clear graphs, charts, articles
  - Show bullets to explain diagnosis, treatment



## Golden-Steadiness/Kinesthetic

Use hand gestures and movements to explain concepts 

#### Provide slow demonstrations

## Golden-Steadiness / Auditory

- Provide clarification for tasks
- Speak slowly and use a gentle voice
- П Display confidence
- Ask guestions

Golden-Steadiness / Visual

- Show the final decision П
  - Write out goals and procedures and their role in overall plan

## Otter-Influence/Kinesthetic

- Have patient show you what is going on for them, they may act the story out
- Use hands and pointing to body parts, walking, to demonstrate things have them do it too

## Otter-Influence / Auditory

- Share stories
- Explain things in stories
- Show enthusiasm
- Give opportunity for them to repeat back what they heard
- Speak slowly
- Otter-Influence / Visual
  - Share books and stories on the topic П
  - Use hand gestures
  - Show their chart and highlight what they are doing well

## Beaver-Conscientiousness/Kinesthetic

- Give them tasks
- Have them look at data and facts, or find the info on their own and share it, provide supporting information
- Go top down approach on talking about symptoms, П physically show it on the body, have them point to self
- Beaver-Conscientiousness/Auditory
  - Explain pros and cons
  - Support ideas with data
  - П Review recommendations in systematic order
- Beaver-Conscientiousness/Visual
  - Bring materials
  - Write out pros and cons for them to see Π
  - Show data and charts
  - Review materials in comprehensive manner
  - Share numbers П







# Patient Profile – Full Implementation Guide Flow Chart

#### What does the patient know and believe? **Health Beliefs** Health Literacy Score Acknowledge Your Personal Bias, Recognize and Utilize the Patients' Funds of Modify Medical Terminology, Administer Supplemental Assessments, Teach Concepts, Complete a Medication Review, Check for Understanding (Teach Knowledge, Be Culturally Responsive, Teach to Different Learning Styles, Find and Set Common Goals, Avoid Generalizing, Ask Follow Up Questions Back) How can you effectively communicate and teach the patient? Learning Style Communication preferences Use analogies to communicate, Incorporate patient Ask Questions, Follow through on any Personality Type interests into their health plan, Discuss what makes a communication requests, Be Aware of Nonverbal See below credible source, Provide credible sources that match their Communication, Practice Active Listening, Use Story Telling, Use Role-Playing preference, see more below Lion Otter Kinesthetic Auditory Visual Kinesthetic Auditory Visual Show clear Share audio book Have patient show you Have patient look up the graphs, charts, Share books and information and show you ideas for them to what is going on for Share stories articles stories on the topic learn more them, they may act what they found the story out Show bullets to Verbally explain the Expain things in explain diagnosis, Use hands and pointing problem and Use hand gestures treatment stories Have them show you what treatement briefly and to body parts, walking, works and then you back it up to demonstrate things to the point with research and evidence have them do it too Show their chart Show enthusiasm and highlght what Use eye contact they are doing well Give opportunity for them to repeat back what they heard Speak slowly Golden Retriever Beaver Kinesthetic Auditory Visual Kinesthetic Auditory Visual Provide clarification Bring Show the final decision Give them tasks Explain pros and cons for tasks materials Use hand gestures and movements to explain concepts Speak slowly and use Support ideas with data Write out goals and a gentle voice Have them look at data and procedures and their facts, or find the info on Write out pros and role in overall plan their own and share it, cons for them to see **Display confidence** provide suppotring Review information recommendations in systematic order Provide slow Ask questions demonstrations Show data and charts Go top down approach on talking about symptoms, Review materials in physcially show it on the comprehensive body, have them point to manner self

Share numbers